

# Girls Coach of the Year - Class 1A

## *Sonthana Thongsithavong - Glenwood*

In only his third season coaching the girls at Glenwood, Sonthana Thongsithavong led the Titans to a historic season. Here are some highlights:

- 10-0 dual match record
- Champions of five multiple team events
- Central State Eight Conference champions
- Sectional champs for the fifth time in school history
- Qualified all six players for the state tournament
- Tied for 7<sup>th</sup> place at the state meet
- Amber Ehrlich and Simmi Mander were named all-state in doubles
- All four Glenwood entries won two matches at state

Sonthana is a USPTA certified teaching professional and is also the president of the Central Illinois Tennis Association. He also coordinates Junior Team Tennis for USTA Midwest and is a manager of the Springfield Park District.

For the 2021 season, he had 53 ladies on the Glenwood tennis team. His quote for the season was “focus on the small things and big things will happen.”



Congratulations, Sonthana, on your IHSTCA Coach of the Year award!